

2023 NJ YMCA Silver Championships - 2/17/2023 to 2/19/2023**Hosted by Lakeland Hills YMCA, Sanction #: MA 2031 AP****Session Report**

Session: 1 Friday PM: 11-12 Girls/13-14 Boys/15-18 Girls Pool 1 (Deep)

Day of Meet: 1 Starts at 05:20 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 11-12 200 IM	19	3 u	05:20 PM	_____
Finals	2 Boys 13-14 400 IM	28	4 u	05:30 PM	_____
Finals	3 Girls 15-18 400 IM	24	3 u	05:52 PM	_____
Finals	4 Girls 11-12 50 Backstroke	25	4 u	06:09 PM	_____
Finals	5 Boys 13-14 200 Backstroke	54	7 u	06:14 PM	_____
Finals	6 Girls 15-18 200 Backstroke	40	5 u	06:35 PM	_____
Finals	7 Girls 11-12 100 Breaststroke	44	6 u	06:50 PM	_____
Finals	8 Boys 13-14 200 Freestyle	46	6 u	07:01 PM	_____
Finals	9 Girls 11-12 500 Freestyle	23	3 u	07:16 PM	_____
Finals	10 Girls 15-18 200 Freestyle	43	6 u	07:37 PM	_____
	Swimmers Counts for Warm-ups: 250	=====	=====		
	Entry / Heat Totals:	346	47		
	Finish Time			07:52 PM	_____

Session: 2 Friday PM: 11-12 Boys/13-14 Girls/15-18 Boys Pool 2 (Shall)

Day of Meet: 1 Starts at 05:20 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	11 Boys 11-12 200 IM	24	3 u	05:20 PM	_____
Finals	12 Girls 13-14 400 IM	27	4 u	05:30 PM	_____
Finals	13 Boys 15-18 400 IM	19	3 u	05:53 PM	_____
Finals	14 Boys 11-12 50 Backstroke	34	5 u	06:08 PM	_____
Finals	15 Girls 13-14 200 Backstroke	31	4 u	06:14 PM	_____
Finals	16 Boys 15-18 200 Backstroke	45	6 u	06:27 PM	_____
Finals	17 Boys 11-12 100 Breaststroke	32	4 u	06:44 PM	_____
Finals	18 Girls 13-14 200 Freestyle	25	4 u	06:51 PM	_____
Finals	19 Boys 11-12 500 Freestyle	18	3 u	07:02 PM	_____
Finals	20 Boys 15-18 200 Freestyle	38	5 u	07:23 PM	_____
	Swimmers Counts for Warm-ups: 216	=====	=====		
	Entry / Heat Totals:	293	41		
	Finish Time			07:34 PM	_____

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Session: 3 Saturday AM: 9-10 Girls/ 11-12 Boys Pool 1 (Deep)

Day of Meet: 2 Starts at 08:55 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Boys 11-12 200 Freestyle	29	5 u	08:55 AM	_____
Finals	22 Girls 9-10 200 IM	21	4 u	09:10 AM	_____
Finals	23 Boys 11-12 100 IM	40	7 u	09:24 AM	_____
Finals	24 Girls 9-10 100 Backstroke	16	3 u	09:36 AM	_____
Finals	25 Boys 11-12 200 Backstroke	32	6 u	09:42 AM	_____
Finals	26 Girls 9-10 100 Breaststroke	15	3 u	10:03 AM	_____
Finals	27 Boys 11-12 50 Freestyle	41	7 u	10:09 AM	_____
Finals	28 Girls 9-10 200 Freestyle	19	4 u	10:15 AM	_____
Finals	29 Boys 11-12 200 Breaststroke	33	6 u	10:28 AM	_____
Finals	30 Girls 9-10 50 Butterfly	18	3 u	10:50 AM	_____
Finals	31 Boys 11-12 100 Butterfly	36	6 u	10:53 AM	_____
Finals	32 Girls 9-10 200 Freestyle Relay	5	1 u	11:04 AM	_____
Finals	33 Boys 11-12 200 Freestyle Relay	14	3 u	11:07 AM	_____
	Swimmers Counts for Warm-ups: 159	=====	=====		
	Entry / Heat Totals:	319	58		
	Finish Time			11:14 AM	_____

Session: 4 Saturday AM: 9-10 Boys/ 11-12 Girls Pool 2 (Shall)

Day of Meet: 2 Starts at 08:55 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	34 Girls 11-12 200 Freestyle	35	6 u	08:55 AM	_____
Finals	35 Boys 9-10 200 IM	24	4 u	09:12 AM	_____
Finals	36 Girls 11-12 100 IM	37	7 u	09:27 AM	_____
Finals	37 Boys 9-10 100 Backstroke	32	6 u	09:39 AM	_____
Finals	38 Girls 11-12 200 Backstroke	32	6 u	09:51 AM	_____
Finals	39 Boys 9-10 100 Breaststroke	31	6 u	10:12 AM	_____
Finals	40 Girls 11-12 50 Freestyle	44	8 u	10:25 AM	_____
Finals	41 Boys 9-10 200 Freestyle	24	4 u	10:32 AM	_____
Finals	42 Girls 11-12 200 Breaststroke	48	8 u	10:45 AM	_____
Finals	43 Boys 9-10 50 Butterfly	24	4 u	11:13 AM	_____
Finals	44 Girls 11-12 100 Butterfly	30	5 u	11:18 AM	_____
Finals	45 Boys 9-10 200 Freestyle Relay	12	2 u	11:26 AM	_____
Finals	46 Girls 11-12 200 Freestyle Relay	16	3 u	11:32 AM	_____
	Swimmers Counts for Warm-ups: 186	=====	=====		
	Entry / Heat Totals:	389	69		
	Finish Time			11:39 AM	_____

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Session: 5 Saturday Mid: 13/14 & 15/18 Girls 1000 Free Pool 1 (Deep)

Day of Meet: 2 Starts at 12:10 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	47 Girls 13-18 1000 Freestyle	25	4 u	12:10 PM	_____
	Swimmers Counts for Warm-ups: 25	=====	=====		
	Entry / Heat Totals:	25	4		
	Finish Time			01:00 PM	_____

Session: 6 Saturday Mid: 13/14 & 15/18 Boys 1000 Free Pool 2 (Shall)

Day of Meet: 2 Starts at 12:10 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	48 Boys 13-18 1000 Freestyle	18	3 u	12:10 PM	_____
	Swimmers Counts for Warm-ups: 18	=====	=====		
	Entry / Heat Totals:	18	3		
	Finish Time			12:46 PM	_____

Session: 7 Saturday PM: 13-14 Boys / 15-18 Girls Pool 1 (Deep)

Day of Meet: 2 Starts at 02:40 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	49 Boys 13-14 50 Freestyle	59	10 u	02:40 PM	_____
Finals	50 Girls 15-18 50 Freestyle	40	7 u	02:49 PM	_____
Finals	51 Boys 13-14 200 Breaststroke	39	7 u	02:55 PM	_____
Finals	52 Girls 15-18 200 Breaststroke	27	5 u	03:17 PM	_____
Finals	53 Boys 13-14 100 Backstroke	56	10 u	03:32 PM	_____
Finals	54 Girls 15-18 500 Freestyle	28	5 u	03:50 PM	_____
Finals	55 Boys 13-14 200 Butterfly	44	8 u	04:20 PM	_____
Finals	56 Girls 15-18 100 Butterfly	33	6 u	04:44 PM	_____
Finals	57 Boys 13-14 200 Freestyle Relay	18	3 u	04:53 PM	_____
Finals	58 Girls 15-18 400 Freestyle Relay	13	3 u	04:59 PM	_____
	Swimmers Counts for Warm-ups: 218	=====	=====		
	Entry / Heat Totals:	357	64		
	Finish Time			05:12 PM	_____

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Session: 8 Saturday PM: 13-14 Girls / 15-18 Boys Pool 2 (Shall)

Day of Meet: 2 Starts at 02:40 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	59 Girls 13-14 50 Freestyle	35	6 u	02:40 PM	_____
Finals	60 Boys 15-18 50 Freestyle	53	9 u	02:46 PM	_____
Finals	61 Girls 13-14 200 Breaststroke	46	8 u	02:53 PM	_____
Finals	62 Boys 15-18 200 Breaststroke	41	7 u	03:19 PM	_____
Finals	63 Girls 13-14 100 Backstroke	27	5 u	03:39 PM	_____
Finals	64 Boys 15-18 500 Freestyle	30	5 u	03:48 PM	_____
Finals	65 Girls 13-14 200 Butterfly	29	5 u	04:16 PM	_____
Finals	66 Boys 15-18 100 Butterfly	46	8 u	04:31 PM	_____
Finals	67 Girls 13-14 200 Freestyle Relay	15	3 u	04:42 PM	_____
Finals	68 Boys 15-18 400 Freestyle Relay	18	3 u	04:49 PM	_____
	Swimmers Counts for Warm-ups: 212	=====	=====		
	Entry / Heat Totals:	340	59		
	Finish Time			05:01 PM	_____

Session: 9 Sunday AM: 9-10 Boys / 11-12 Girls Pool 1 (Deep)

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	69 Boys 9-10 100 IM	26	5 u	08:30 AM	_____
Finals	70 Girls 11-12 50 Butterfly	35	6 u	08:40 AM	_____
Finals	71 Boys 9-10 50 Freestyle	41	7 u	08:46 AM	_____
Finals	72 Girls 11-12 100 Backstroke	27	5 u	08:53 AM	_____
Finals	73 Boys 9-10 100 Butterfly	14	3 u	09:02 AM	_____
Finals	74 Girls 11-12 400 IM	7	2 u	09:09 AM	_____
Finals	75 Boys 9-10 100 Freestyle	35	6 u	09:21 AM	_____
Finals	76 Girls 11-12 100 Freestyle	42	7 u	09:31 AM	_____
Finals	77 Boys 9-10 50 Breaststroke	31	6 u	09:42 AM	_____
Finals	78 Girls 11-12 200 Butterfly	9	2 u	09:49 AM	_____
Finals	79 Boys 9-10 50 Backstroke	22	4 u	09:56 AM	_____
Finals	80 Girls 11-12 50 Breaststroke	38	7 u	10:01 AM	_____
Finals	81 Boys 9-10 200 Medley Relay	15	3 u	10:09 AM	_____
Finals	82 Girls 11-12 200 Medley Relay	12	2 u	10:19 AM	_____
	Swimmers Counts for Warm-ups: 177	=====	=====		
	Entry / Heat Totals:	354	65		
	Finish Time			10:25 AM	_____

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Session: 10 Sunday AM: 9-10 Girls / 11-12 Boys Pool 2 (Shall)

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	83 Girls 9-10 100 IM	16	3 u	08:30 AM	_____
Finals	84 Boys 11-12 50 Butterfly	41	7 u	08:36 AM	_____
Finals	85 Girls 9-10 50 Freestyle	18	3 u	08:43 AM	_____
Finals	86 Boys 11-12 100 Backstroke	34	6 u	08:46 AM	_____
Finals	87 Girls 9-10 100 Butterfly	22	4 u	08:57 AM	_____
Finals	88 Boys 11-12 400 IM	10	2 u	09:05 AM	_____
Finals	89 Girls 9-10 100 Freestyle	27	5 u	09:18 AM	_____
Finals	90 Boys 11-12 100 Freestyle	30	5 u	09:27 AM	_____
Finals	91 Girls 9-10 50 Breaststroke	11	2 u	09:34 AM	_____
Finals	92 Boys 11-12 200 Butterfly	5	1 u	09:36 AM	_____
Finals	93 Girls 9-10 50 Backstroke	20	4 u	09:40 AM	_____
Finals	94 Boys 11-12 50 Breaststroke	49	9 u	09:45 AM	_____
Finals	95 Girls 9-10 200 Medley Relay	8	2 u	09:55 AM	_____
Finals	96 Boys 11-12 200 Medley Relay	15	3 u	10:02 AM	_____
	Swimmers Counts for Warm-ups: 160	=====	=====		
	Entry / Heat Totals:	306	56		
	Finish Time			10:11 AM	_____

Session: 11 Sunday Mid: 13-18 Boys 1650 Free Pool 1 (Deep)

Day of Meet: 3 Starts at 11:10 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	97 Boys 13-18 1650 Freestyle	10	2 u	11:10 AM	_____
	Swimmers Counts for Warm-ups: 10	=====	=====		
	Entry / Heat Totals:	10	2		
	Finish Time			11:51 AM	_____

Session: 12 Sunday Mid: 13-18 Girls 1650 Free Pool 2 (Shall)

Day of Meet: 3 Starts at 11:10 AM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	98 Girls 13-18 1650 Freestyle	13	2 u	11:10 AM	_____
	Swimmers Counts for Warm-ups: 13	=====	=====		
	Entry / Heat Totals:	13	2		
	Finish Time			11:51 AM	_____

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Session: 13 Sunday PM: 13-14 Girls / 15-18 Boys Pool 1 (Deep)

Day of Meet: 3 Starts at 01:35 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	99 Girls 13-14 100 Freestyle	45	8 u	01:35 PM	_____
Finals	100 Boys 15-18 100 Freestyle	40	7 u	01:47 PM	_____
Finals	101 Girls 13-14 100 Breaststroke	43	8 u	01:56 PM	_____
Finals	102 Boys 15-18 100 Breaststroke	56	10 u	02:09 PM	_____
Finals	103 Girls 13-14 500 Freestyle	36	6 u	02:25 PM	_____
Finals	104 Boys 15-18 100 Backstroke	46	8 u	03:02 PM	_____
Finals	105 Girls 13-14 200 IM	38	7 u	03:15 PM	_____
Finals	106 Boys 15-18 200 IM	38	7 u	03:35 PM	_____
Finals	107 Girls 13-14 100 Butterfly	30	5 u	03:53 PM	_____
Finals	108 Boys 15-18 200 Butterfly	38	7 u	04:01 PM	_____
Finals	109 Girls 13-14 200 Medley Relay	16	3 u	04:20 PM	_____
Finals	110 Boys 15-18 400 Medley Relay	19	4 u	04:28 PM	_____
	Swimmers Counts for Warm-ups: 236	=====	=====		
	Entry / Heat Totals:	445	80		
	Finish Time			04:47 PM	_____

Session: 14 Sunday PM: 13-14 Boys / 15-18 Girls Pool 2 (Shallow)

Day of Meet: 3 Starts at 01:35 PM Heat Interval: 25 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	111 Boys 13-14 100 Freestyle	59	10 u	01:35 PM	_____
Finals	112 Girls 15-18 100 Freestyle	35	6 u	01:49 PM	_____
Finals	113 Boys 13-14 100 Breaststroke	49	9 u	01:57 PM	_____
Finals	114 Girls 15-18 100 Breaststroke	24	4 u	02:12 PM	_____
Finals	115 Boys 13-14 500 Freestyle	33	6 u	02:19 PM	_____
Finals	116 Girls 15-18 100 Backstroke	27	5 u	02:55 PM	_____
Finals	117 Boys 13-14 200 IM	50	9 u	03:04 PM	_____
Finals	118 Girls 15-18 200 IM	35	6 u	03:29 PM	_____
Finals	119 Boys 13-14 100 Butterfly	46	8 u	03:45 PM	_____
Finals	120 Girls 15-18 200 Butterfly	32	6 u	03:57 PM	_____
Finals	121 Boys 13-14 200 Medley Relay	17	3 u	04:14 PM	_____
Finals	122 Girls 15-18 400 Medley Relay	12	2 u	04:22 PM	_____
	Swimmers Counts for Warm-ups: 218	=====	=====		
	Entry / Heat Totals:	419	74		
	Finish Time			04:32 PM	_____